

Training of the Left Hand

Forty-six Exercises and Twenty-five Studies
For Left Hand Alone
Book I: Forty-six Exercises

It is the aim of these exercises to impart velocity, strength and evenness of touch to the fingers. Any one having the patience to take up six or eight numbers daily and practise them from ten to fifteen minutes, will soon be convinced of their usefulness. Begin in a moderate tempo, increasing it at each repetition.

English translations by
Dr. Th. Baker

H. Berens. Op. 89, Book I

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